

# San Francisco Legal Professionals Association



## January 22, 2019 Brown Bag Presentation

### SHI(F)T HAPPENS: Getting Present in the Madness

Tuesday, January 22, 2019

12:30 – 1:30 p.m.

Coblentz Patch Duffy & Bass LLP

One Montgomery Tower (Enter through 120 Kearney St.), Suite 3000,  
San Francisco, CA 94104

In his presentation, Joshua addresses the organization at systemic and interpersonal levels to promote an empowered, connected community of leadership, teamwork and managing stress through mindfulness during the hectic day of the law office. These teams communicate effectively and authentically, optimize conflicts as opportunities, operate on clear agreements, and enjoy what they are doing together.

RSVP to: Francie Skaggs – [francieskaggs@gmail.com](mailto:francieskaggs@gmail.com) - by: Friday, January 18, 2019.

This event is open to anyone in the legal industry. Feel free to share with your colleagues and friends. Attendees are encouraged to bring your lunch and enjoy the presentation.

### About the Speaker

Joshua Hathaway, M.A., No BS Coach, Trainer & Trickster

**Joshua Hataway, M.A.**, is the Founder, Coach and Trainer at No Bullsh!t Communication. He has a Tongue Fu black belt and master of the Art of Connection. Through his private and organizational trainings in No Bullsh!t Communication, as well as coaching and consulting, Joshua is radically empowering people's success in the changing landscapes of modern love and leadership. As a dynamic coach and public speaker, he is able to gently and humorously dismantle people's Bullsh!t, deliver practical skill building tools, and facilitate experiences that bring home the power and value of connection.

A 2005 graduate of the BayNVC North American Leadership Program, and a 2008 Master's graduate from JFK University, he brings almost two decades of research and practice in communication, psychology, and integral systems to the process of leveling up your emotional intelligence and communication skills.

Learn more at [www.MasterYourBullshit.com](http://www.MasterYourBullshit.com).



The SFLPA is an accredited MCLE Provider through Legal Secretaries, Incorporated. For more information about the programs offered through the SFLPA, visit our website at: [www.SFLPA.org](http://www.SFLPA.org).